



When is Penguin Pace?

Saturday, February 1, 2025.

Where is Penguin Pace

Immaculate Heart of Mary: 580 Ratzer Road, Wayne, NJ.

How much is it to participate?

5K

Until 1/31- \$39

Race Day- \$44

Kid's Fun Run

Until 1/31 - \$16

Race Day - \$20

What does my registration fee cover?

Entry fees cover the operation costs of organizing the event, long sleeved race shirt, participant amenities, and professional race timing.

When/Where is Packet Pick Up?

Packet pick-up will be held Friday, January 31st. Location will be at 330 Ratzer Road, Suite A4, Wayne, NJ from 12-4 pm.

Is Race Day Packet Pick Up available?

Yes. Race Day Packet Pick Up is from 7:30-8:55 am.

Are there refunds on registrations?

Registration fees are non-refundable and non-transferrable.

Is Race Day Registration offered?

Yes. Race day registration is offered for both events.

Are race bibs transferable?

No, race bibs may not be transferred to another runner, even in the event that the runner cannot attend. Doing so will disqualify the bib number.

How early should I arrive?

We recommend arriving at least 45 minutes before the race start time, so you have enough time to park and walk to the event site and start line.

Where should I park?

Parking is at 580 Ratzler Road. *You cannot enter this parking lot from Ingraham Terrace. You must enter from Ratzler Road!!!*

Additional Parking can be found at Packanack Elementary School parking lot: 190 Oakwood Drive.

What is the race day schedule?

7:30 am – Check-In Opens

8:30 am– Kids’ Fun Run Start

8:55 am- Line up for 5K

9:00 am – 5K Start

What are the awards at Penguin Pace?

Individual Awards: *No Duplicate Awards*

Top 3 Male and Female Overall

Age Group Awards: Top 3 Male and Female 14 and under and from 15-85+ in 5-year age groups.

14 and under
15-19
20-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64
65-69
70-74
75-79
80-84
85+

Please Note: Awards will be distributed for the 5K as official results are posted at the Awards/Results Table in the IHM Gymnasium. There will be no awards ceremony.

Are the races in the USATF NJ Grand Prix?

Yes! The 5K is a USATF-NJ 500-point Grand Prix race.



Does the race follow a certified course?

Yes, the 5K follows a USATF certified course.

Are there clocks on the course?

Yes, there are clocks at Mile 1 and 2.

Is there water on the course?

There is no water on the course. There will be water at the Start/Finish Line.

Are pets allowed in the race?

Pets are not permitted on the racecourse or at the event site.

Are baby strollers allowed in the race?

Strollers are permitted in the 5K race. You must start at the back of the start line for safety reasons.

Where are the event restrooms?

Restrooms are available inside the IHM School Building.

Can I change my t-shirt size?

T-shirts are available to the first 400 participants on a first come first served basis. T-shirt sizes are not guaranteed and may be exchanged based on availability.

What if it's raining?

Penguin Pace is a rain or shine event.

When/Where is the Hot Cocoa Party?

Hot Cocoa Party is inside the IHM Gymnasium immediately following the race. Stay to warm up with a cup of hot chocolate, sponsored by Starbucks and bagels, sponsored by Manhattan Bagels.

*Please note hot chocolate contains milk.

Is there an event beneficiary?

Wayne Interfaith Network Food Pantry. Please check out their website for donation needs here or donate today. For more information, please visit the WIN website at <http://www.winfoodpantry.org>

Additional questions?

Send us an email at hello@abluepenguin.com.